

# Shopping List

## FEBRUARY 2018 SHOPPING LIST: ENTIRE MENU

### FRESH PRODUCE & FRUITS

1 Lg. Head butter lettuce  
2 Bunches arugula, or 1 bag pre-washed  
1 Lb. Broccolini (1 bunch)  
6 Oz. Button mushrooms  
6 Oz. Cremini mushrooms  
1 Head Garlic (Need 5 cloves)  
1 Pint Strawberries (Need 8 - 12 large Strawberries)  
1 Medium Red onion  
1 Small Yellow onion  
1 Medium Yellow onion  
1 Bunch Fresh flat leaf parsley (Need 2 Tsp.)  
2 Lb. Russet potatoes

### CHEESE

4 Oz. Whole piece fresh Parmesan cheese (Need ½ Cup shaved)  
8 Oz. Gouda (1 Cup)  
8 Oz. Goat Cheese Dairy  
1 Stick Butter unsalted (Needed 4 Tbsp. ½ stick- Set aside in refrigerator for pan sauce)  
1 Sticks Butter salted (Need 8 Tbsp.)  
1 Pint (16oz.) Heavy cream (Need 1 1/2 cup or 12 oz.)

### MEAT

(4) 6-8 Oz. Filet Mignon (2 thick)

### FISH

18 Medium-sized Fresh scallops- ask the fishmonger to remove any side muscle

### BAKERY

1 Loaf: select Rustic French bread, Olive bread or Rosemary bread  
1 French Baguette

### OTHER

2 Cups Beef Stock- prefer unsalted  
4 Cups Vegetable stock (or Chicken stock)  
4 oz. Raw Unsalted Almonds (Need ½ Cup)

### ON HAND

Bottle Champagne Vinegar (Need ¼ Cup)  
Bottle General Cooking Extra Virgin Olive Oil- We prefer Kirkland or Trader Joe's (Need 1 Cup)  
Bottle Grapeseed Oil (Canola Oil may be substituted) (need 2 Tsp)  
Bottle Apple Cider Vinegar (Need ½ Cup) 1 Jar Dijon Mustard (Need 1 Tsp.)  
Bottle Brandy (Need 3 Oz.) 1 Bottle Cabernet Sauvignon  
1 Tin Red pepper flakes (Need ½ Tsp.)  
2 Cups Ice Kosher Sea Salt (Need 2-3 Tbsp.)  
1 Small bag Sugar (Need 1 Tsp.)

### IN CURRENT SHIPMENT

67% Dark chocolate (need 3 oz.)  
GC Napa Valley Estate Extra Virgin Olive Oil Olio Nuovo (need Drizzle)  
GC Napa Valley Chardonnay Sea Salt (Need 2-3 Tsp.)  
GC Napa Valley Rosemary Sea Salt (Need 3-4 Tsp.)  
GC Napa Valley Cabernet Sea Salt (Need 2 Tsp.)  
GC Napa Valley Lemon Olive Oil (Need 4 Tsp.)

### IN PREVIOUS SHIPMENTS

You can order these Foodie Exclusive items by contacting [orders@oconnellfamilywines.com](mailto:orders@oconnellfamilywines.com)  
GC Napa Valley Meyer Lemon Honey (Need 2 Tsp.)  
GC Napa Valley Meyer Lemon Tellicherry Pepper (Need 4-5 Tsp.)

You can order GC Napa Valley Culinary Stock items at [www.oconnellfamilywines.com](http://www.oconnellfamilywines.com)  
GC Napa Valley Lavender Tellicherry Pepper (Need 2-3 Tsp.)  
GC Napa Valley Buttery Extra Virgin Olive Oil (Need ¾ Cup)  
Select your favorite GC Napa Valley Finishing Sea Salt- Rosemary, Sage, Lavender, Wild Fennel, Cabernet or Chardonnay (Need 1/2Tsp.)